

**Lunch Menu Week 1 – w/c Mondays 15/5/17, 5/6/17,
26/6/17, 17/7/17, 4/9/17, 25/9/17, 16/10/17**

Monday



Pork Sausages (G.SU)

or



(v) Pasta In Tomato Sauce (D.G.)

Tuesday



BBQ Chicken Filler Bites and Wrap (G.)

or



Tuna Pasta Bake (D.F.G.)

Wednesday



Roast Beef in Gravy

or



(v) Vegetarian Sausages (G.SU.SB.)

Thursday



Chicken Korma (D.E.M.N.SU.)

or



(v) Rustic Margherita Pizza (D.G.)

Friday



Battered Fish Fillet (G.F.)

or



(v) Cheese and Sweetcorn Omelette (D.E.)

Week 1 Dessert Menu

Everyday we offer (v) Yeo Valley organic yoghurt (D.) and fresh fruit as alternative options.

- **Monday**
(v) Homemade Flapjack (SU.G.) or
(v) Ice Cream Tub (D.)
- **Tuesday**
(v) Homemade Apple and Strawberry
Crumble (G.) with Custard (D.)
- **Wednesday**
(v) Homemade Chocolate
Crunch Biscuit (G.)
- **Thursday**
(v) Homemade Orange or Lemon
Drizzle Cake (G.E.)
- **Friday**
(v) Pancake with
Banana Chunks (G.SU.D.E.)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

(v) Please let your school cook know if you require a hot vegetarian meal on a day when one isn't shown.

Key

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|----------------|------------------|
| V = vegetarian | G = Gluten/Wheat |
| D = Dairy | F = Fish |
| N = Coconut | M = Mustard |
| S = Sesame | SB = Soya |
| E = Egg | SU = Sulphites |

Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.

**Lunch Menu Week 2 – w/c Mondays 22/5/17, 12/6/17,
3/7/17, 11/9/17, 2/10/17**

Monday



Organic Beef Grill (G.) in a Bun (S.G.)

or



(v) Pasta in Cheese Sauce (D.G.)

Tuesday



Chicken Pie (D.G.)

or



Gluten Free Salmon Fillet Fingers (F.)

Wednesday



Roast Pork or Gammon joint

or



(v) Chinese Style Quorn with Noodles (SB.E.G.)

Thursday



Spaghetti Bolognese (D.G.)

or



(v) Jacket Potato with Cheese and Sweetcorn (D)

Friday



Battered Fish Fillet (G.F)

or



(v) Vegetable Burrito (D.G.)

Week 2 Dessert Menu

Everyday we offer (v) Yeo Valley organic yoghurt, (D.) and fresh fruit as alternative options.

Monday

- (v) Whip with Fruit in Juice (D.) or
- (v) Homemade Ginger Cookie (G.)

Tuesday

- (v) Homemade Up Beet Chocolate Cake (G.SB.D.E.)

Wednesday

- (v) Homemade Iced Blueberry Muffin (G.D. E.) or
- (v) Ice Cream Tub (D.)

Thursday

- (v) Homemade Apple Pudding with Custard (G.E.D.)

Friday

- (v) Strawberry Swirl Mousse (D.) or
- (v) Cheddar Cheese, Crackers and Apple Wedge (G.D.)

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Key

- V = vegetarian
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**Lunch Menu Week 3 – w/c Mondays 19/6/17, 10/7/17,
18/9/17, 9/10/17, 30/10/17**

Monday



Organic Pork Meatballs (G.)

or



(v) Cheese and Potato Pie (D.E.)

Tuesday



Bacon Medallion and Pork Sausage (G.S.U.)

or



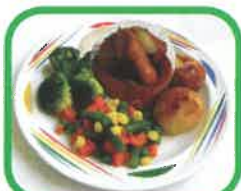
(v) Breadcrumbed Vegetable Fingers (G.)

Wednesday



Roast Chicken Joint or Fillet

or



(v) Vegetarian Toad in the Hole (G.SU.SB.D.E.)

Thursday



Beef Lasagne (D.G.)

or



(v) Cheese and Tomato Pizza (D.G.)

Friday



Fish Fillet Fingers (F.G.)

or



(v) Cheese and Egg Quiche (G.D.E.)

Week 3 Dessert Menu

Everyday we offer (v) Yeo Valley organic yoghurt, (D.) and fresh fruit as alternative options.

Monday

(v) Homemade Toffee Apple Sponge with Custard (G.SB.D.E.)

Tuesday

(v) Ice Cream Tub (D.) or
(v) Homemade Zesty Orange Cookie (G.E.)

Wednesday

(v) Homemade Favourite Iced Sponge (G.E.)

Thursday

Jelly with Fruit or
(v) Homemade Honey and Raisin Bar (SU.G.)

Friday

(v) Homemade Chocolate Cracknell (G.)

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